

Adult Learning

*Your guide to learning opportunities in the
South Community Assembly Area*

Issue 1

Spring 2010

FREE

INCLUDES COURSES IN:

- **Cooking**
 - **Computers**
 - **DIY**
 - **English**
 - **ESOL**
 - **Internet**
 - **Languages**
 - **Maths**
- and many more...**

FEATURING Courses Starting From January 2010

PLUS... Job Clubs & Computer Help

AND Profile On Your Local Learning Champions



Covering: Abbeydale, Batemoor, Beauchief, Gleadless Valley,
Graves Park, Greenhill, Heeley, Herdings, Jordanthorpe, Lowedges,
Meadowhead, Meersbrook, Nether Edge, Norton and Woodseats

Your **FREE** guide
to over 40 local
courses

Welcome to the first adult learning guide for the South Community Assembly area. It contains information about most of the community - based adult learning opportunities on offer in the area. We hope that you will find the guide a useful way of finding out about courses in your locality.



This booklet has been put together by members of the South Adult Learning Forum, which meets regularly to plan & co-ordinate community learning in the South Community Assembly area. This issue has been financed by Area Based Grant money & we hope we will be able to produce further brochures in the future if funding is available.

We would welcome your comments on whether you have found the brochure useful – please do let any of the Adult Learning Forum members listed below know what you think.

Sue Manser

Community Learning Planning & Development Officer
Lifelong Learning & Skills Service
(On behalf of South Sheffield Adult Learning Forum)

145 Crookesmoor Road, Sheffield S6 3FP
Tel: (0114) 266 7503

Community Learning Centres Directory

Batemoor & Jordanthorpe Community Centre
Dyche Lane,
Sheffield S8 8BT
Tel: (0114) 237 7777

Heeley City Farm
Richards Road,
Sheffield S2 3DT
Tel: (0114) 258 0482

Heeley Online Centre
62-68 Thirlwell Road,
Sheffield S8 9TF
Tel (0114) 250 0613

Heeley Institute
Gleadless Road
Sheffield S2 3AA
Tel: (0114) 250 0613

Lowdges Learning Suite Greenhill / Bradway Youth Centre
Gresley Road,
Sheffield S8 7HL
Tel: (0114) 237 8553

Meadowhead Language College
Meadowhead School
Dyche Lane,
Sheffield S8 8BR
Tel: (0114) 237 2723

Norton College
Dyche Lane,
Sheffield S8 8BR
Tel: (0114) 260 2600

South Sheffield City Learning Centre
Lees Hall Road,
Sheffield S8 9JP
Tel: (0114) 258 7728

Valley Education & Skills/ Valley Online Centre
181 & 189 Blackstock Road,
Sheffield S14 1FX
Tel: (0114) 239 4888



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Front Cover: Views from Herdings bus terminus. Image © Naheem Hanif

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Learning Celebration In Gleadless Valley



On 11th November 2009, around 30 local learners from Gleadless Valley came together to celebrate their successes in learning.

A wide range of successful achievements were celebrated including: IT; Youth Training and Emergency First Aid qualifications.

The event was marked by the Lord Mayor of Sheffield who came to support learning in Gleadless Valley and presented learners with their certificates.

Norton College (Part of Sheffield College)

Did you know that Norton College offers a range of part-time Adult learning courses? Courses offered include:

- Access Courses
- Computerised Accounts (C&G)
- Assistant Fitness Introduction – YMCA Certificate
- Basketball Coaching – EBBA Certificate
- Football Coaching – Level 1 Certificate
- Counselling – NCFE Level 2
- Digital Photography – Extended Techniques

For more information on these or any other courses offered by Sheffield College, please call (0114) 260 2600

Norton College, Dyche Lane, Sheffield S8 8BR

Please note that courses are subject to change without notice. Courses may be changed or even dropped altogether. Always check with the venue first. Every effort has been made to ensure the information contained in this booklet is correct at the time of going to print. We cannot be held responsible for changes after print.

Computers Can Help You!

Want to know how to use a computer?

Feel like you are being left behind?

Have you ever considered learning how to use a computer?

Do you keep thinking it will be too hard or is of no use to you?

Then you are part of the 11.6 million people in Britain who our service is aimed at. We are concerned that sections of our community, who typically are older or simply hard up, are being increasingly disadvantaged by not having access to computer skills. In addition 77% of all jobs require some computer work.

UK Online firstly offer a warm friendly welcome, a chat and a cup of tea. We are patient and understanding, that's why over 250 people used our service last year.

Computers can help you on a number of ways and can save you time hassle and money. You will be surprised as to the number of things you can do with a computer and you will wonder how you ever lived without one.

We can show you how:

- To keep in contact with friends and family, whether they are in England or abroad, at the click of a button.
- To pay your bills, without waiting in a telephone queue or an actual queue - leaving you time to spend on the things you like.
- To write your CV or hunt for jobs online.
- To order your weekly shopping online and have it delivered to your door - which is useful if you have difficulty getting out.
- You can buy all types of products online and often at a discounted price.
- You can find your nearest doctor, dentist, hospital, garage etc....
- You can plan your journeys using maps.
- You can buy and sell unwanted gifts and beat the credit crunch by making some extra money.

You can also research your hobbies and interests, find out where the nearest Ballroom dance class is or trace your family tree.



Drop in Centres are FREE to local residents

Opening Times for the Heeley Online Centre

Tuesday: 9am – 12noon and 1pm – 4pm

Wednesday: 9am – 4pm

Thursday: 9am – 12noon

Please call in at 62 – 68 Thirlwell Road, Sheffield S8 9TF or call Maxine Bowler on (0114) 250 0613 ext 222

Drop-in also available at the following venues:

Sharrow Community Forum, The Old School, South View Road, Sheffield S7 1DB.

Tel: (0114) 250 8384

Wednesday: 9am – 4pm

Friday: 9am – 12noon

Kelvin Media Production, Unit 7 Edmund Road, Sheffield S2 4ED.

Tel: (0114) 272 7247

Wednesday: 9am – 4pm

Friday: 9am – 12noon

Valley On Line, 181, Blackstock Road, Sheffield S8 9TF.

Tel: (0114) 239 4888

Monday and Tuesday: 12noon – 3pm

Wednesday and Friday: 9.30am – 12.30pm

Gleadless Valley Job Club

The Gleadless Valley Job Club is a warm and friendly online centre where we can help you for free with:

- CV Writing • Job Hunting & Applications • Email • Information, Advice & Guidance (at tailored sessions) • Using a computer

The Sessions run on Thursday mornings (10am – 12noon) and Friday afternoons (1pm – 3pm).

There are thousands of jobs online and we have a weekly updated job book. We can help you find the right job for you. You can also get support to use the computers for your job hunting, build your confidence and decide what job is right for you. We also offer a wide range of courses that will help you to build your skills and increase your employability.

David Culver (Pictured right) came to us when he realised he needed to find a job after being laid off from his previous part-time job. He did

not know what he wanted to do but realised he needed to build up his skills. We supported David with identifying what skills he would need for the type of work he was looking for. As part of his journey David's confidence increased and ultimately he found work; a permanent full-time post working on a busy reception desk for the faculty of Arts, Computing, Engineering and Science at Sheffield Hallam University.



For more information Call Anne or Jo on (0114) 239 4888 or drop in at Gleadless Community Forum, 187 Blackstock Road, Sheffield S14 1FX.

Course Guide A - Z

Cooking

No Cook Kids Food

Day: TBC

Starts in June 2010 for 6 weeks TBC

Course fees: £5 (concessions) or £17.00

There are lots of things that you and the kids can 'cook' together, come and find out what and how to keep it healthy.

Venue: TBC

Contact: Jo on (0114) 239 4888 to express your interest.

Email: jo.gvcf@hotmail.co.uk

Computers / IT

Word Processing Software Level 1 (NOCN Accredited)

Tuesdays 10am – 12noon

Starts 5th January 2010 for 12 weeks

£29 full fee or £5 if on means tested benefits

This course will teach you how to use word processing software. You do not need to be very experienced on a computer, but should be able to use the mouse and keyboard.

Venue: Greenhill / Bradway Youth Centre, Gresley Road, Lowedges, Sheffield. S8 7HL.

Tel: (0114) 237 8553

Email: learning@lowedgesforum.co.uk

www.lowedgesforum.co.uk

Internet For Complete Beginners (NOCN Accredited)

Tuesdays 3pm – 5pm

Starts 5th January 2010 for 12 weeks

£29 full fee or £5 if on means tested benefits

This course is suitable for those who have never used a computer before and want to learn how to get on line.

Venue: Greenhill / Bradway Youth Centre, Gresley Road, Lowedges, Sheffield. S8 7HL.

Tel: (0114) 237 8553

Email: learning@lowedgesforum.co.uk

www.lowedgesforum.co.uk



Desktop Publishing Level 1 (NOCN Accredited)

Tuesdays 12.30pm – 2.30pm

Starts 5th January 2010 for 12 weeks

£29 or £5 if on means tested benefits

This course will teach you how to use desktop publishing software. You should already be able to use the mouse and keyboard.

Venue: Greenhill / Bradway Youth Centre, Gresley Road, Lowedges, Sheffield. S8 7HL.

Tel: (0114) 237 8553

Email: learning@lowedgesforum.co.uk

www.lowedgesforum.co.uk

Computers For Beginners

Tuesdays 12.45pm – 2.45pm

Starts 5th January 2010 for 12 weeks

£29 full fee; £5 if on means tested benefits

A beginner's guide to computers – learn about switching on, parts of the computer, using a keyboard & mouse, using files & folders & basic software applications.

Venue: Batemoor/Jordanthorpe Community Centre, Dyche Lane, Sheffield S8 8BT

Contact: Joanne North, B & J Forum on (0114) 237 7777 or Liz Bowman, Learning Champion on Mob: 07817 006 437.

Website Software – Level 1 (NOCN Accredited)

Tuesdays 6.30pm – 8.30pm

Starts 5th January 2010 for 12 weeks

£29 or £5 if on means tested benefits

This course will teach you how to design simple websites. You should already have some computer experience, including experience of using the Internet and Word Processing.

Venue: Greenhill / Bradway Youth Centre, Gresley Road, Lowedges, Sheffield. S8 7HL.

Tel: (0114) 237 8553

Email: learning@lowedgesforum.co.uk

www.lowedgesforum.co.uk

Internet For Complete Beginners (NOCN Accredited)

Wednesdays 6.30pm – 8.30pm

Starts 6th January 2010 for 12 weeks

£29 or £5 if on means tested benefits

This course is suitable for those who have never used a computer before and want to learn how to get on line.

Venue: Greenhill / Bradway Youth Centre, Gresley Road, Lowedges, Sheffield. S8 7HL.

Tel: (0114) 237 8553

Email: learning@lowedgesforum.co.uk

www.lowedgesforum.co.uk

Imaging Software – Level 1 (NOCN Accredited)

Wednesdays 12.30pm – 2.30pm

Starts on 6th January for 12 weeks

£29 or £5 if on means tested benefits

This course will teach you how to use software for artwork and digital imaging tasks. You should already be able to use the mouse and keyboard.

Venue: Greenhill / Bradway Youth Centre, Gresley Road, Lowedges, Sheffield. S8 7HL.

Tel: (0114) 237 8553

Email: learning@lowedgesforum.co.uk

www.lowedgesforum.co.uk

Microsoft Word - Intermediate

Wednesday 6th January 2010

9am – 3.30pm

£20 fee

One day course (unaccredited) with modules in Tables, Mail merge, Customise menus & toolbars, Document layout and Collaborative working.

Venue: Sheffield South CLC, Lees Hall Road, (Next to Newfield School), Sheffield S8 9JP

Contact: If you would like more information on any of our courses or would like to enrol, please contact Lynzie Houston or Ellen Oldham-Hepper on (0114) 258 7728 or Email: info@ssclc.net

Computers For Beginners / Word Processing Level 1

Wednesdays 1pm – 3pm

Starts 6th January 2010 for 12 weeks

£5 if on benefits; £29 full fee

An Entry Level course for beginners, no experience needed. Learn the basic information about computers you will need to move on to a Level 1 course. Those with basic knowledge already can opt to study Word Processing Level 1 and achieve the NOCN Level 1 Word Processing Software qualification.

Venue: St Peters Church Hall, Woodstock Road, Sheffield S7 1HA.

Contact: Sue Manser, Lifelong Learning & Skills Service on (0114) 229 6158

Interested In Other Or Computer Related Courses?

If you are interested in other courses like Powerpoint, Spreadsheet or ESOL please ring Maxine Bowler on (0114) 250 0613 or email to maxine.b@heeledevtrust.com

If 10 or more learners come forward for a particular course we may be able to accommodate you.

Digital Imaging Software (NOCN Level 1)

Thursdays 1pm – 3pm
Starts 7th January 2010 for 12 weeks
£5 if on benefits: £29 full fee
This course covers using software to manipulate & edit digital photographs. Find out how to import images from a digital camera, organise files, improve lighting & colour, using touch-up tools, filters & text labels & saving files in formats suitable for web or print. The course leads to a qualification at Level 1. Learners will benefit from having their own digital camera / camera phone.
Venue: Batemoor / Jordanthorpe Community Centre, Dyche Lane, Sheffield S8 8BT.
Contact: Joanne North, B & J Forum on (0114) 237 7777 or Liz Bowman, Learning Champion on Mob: 07817 006437

Microsoft Excel - Intermediate

Fridays 9am – 3.30pm
Starts 8th January 2010
£20 fee
One day course (unaccredited) with modules in Tables, Mail merge, Customise menus & toolbars, Document layout and Collaborative working.
Venue: Sheffield South CLC, Lees Hall Road, (Next to Newfield School), Sheffield S8 9JP.
Contact: If you would like more information on any of our courses or would like to enrol, please contact Lynzie Houston or Ellen Oldham-Hepper on (0114) 258 7728 or Email: info@sscl.net

Computers For Beginners

Mondays 10am – 12noon
Starts 4th January 2010 for 12 weeks
£29 or £5 if on means tested benefits
Learn about parts of the ICT System, using the keyboard and mouse, basic file management and software applications.
Venue: Development Trust , Heeley Online Suite, 62 - 68 Thirlwell Road, Sheffield S8 9TF.
Contact: Maxine on (0114) 250 0613 for more information.

Digital Photography

Mondays 1pm – 3pm
Starts 11th January 2010 for 12 weeks
£29 or £5 if on means tested benefits
Learn the basics of software manipulation and editing of digital photography. Also learn how to import images from a digital camera.
Venue: Development Trust , Heeley Online Suite, 62 - 68 Thirlwell Road, Sheffield S8 9TF.
Contact: Maxine on (0114) 250 0613 for more information.

European Computer Driving Licence (ECDL) Essentials – Level 1

Wednesdays 9am – 12noon or
Thursdays 5pm – 8pm
Starts January 13th & 14th 2010 for 10 weeks (term time only)
£40 - Fee remittance available on funded courses for people in receipt of means tested benefits.
Modules include IT User Fundamentals, Using email & Internet, Security for IT Users
Venue: Sheffield South CLC, Lees Hall Road, (Next to Newfield School), Sheffield S8 9JP.
Contact: If you would like more information on any of our courses or would like to enrol, please contact Lynzie Houston or Ellen Oldham-Hepper on (0114) 258 7728 or Email: info@sscl.net

European Computer Driving Licence (ECDL) Extra – Level 2

Wednesdays 9am – 12noon or
Thursdays 5pm – 8pm
Starts 13th & 14th January 2010 for 20 weeks (Term time only)
£70 - Fee remittance available on funded courses for people in receipt of means tested benefits.
Modules include Word Processing, Spreadsheets, Presentation Software and Improving Productivity using IT. Both Levels are needed to obtain the full ECDL qualification, but option to study 1 Level available.
Venue: Sheffield South CLC, Lees Hall Road, (Next to Newfield School), Sheffield S8 9JP.
Contact: If you would like more information on any of our courses or would like to enrol, please contact Lynzie Houston or Ellen Oldham-Hepper on (0114) 258 7728 or Email: info@sscl.net

BCS Databases – Level 2

Wednesday 9am – 12noon or
Thursday 5pm – 8pm
Starts January 13th 2010
£25 when completed ECDL Extra at the centre
Venue: Sheffield South CLC, Lees Hall Road, (Next to Newfield School), Sheffield S8 9JP.
Contact: If you would like more information on any of our courses or would like to enrol, please contact Lynzie Houston or Ellen Oldham-Hepper on (0114) 258 7728 or Email: info@sscl.net

More courses are starting in January / February 2010 at Valley Online Centre, 181 Blackstock Road, Sheffield S14 1FX.
Contact: Jo on (0114) 239 4888 or Email: jo.gvcf@hotmail.co.uk

Computers For Beginners (NOCN Accredited)

Wednesday 12.30pm – 3.30pm
Starts 13th January 2010 for 10 weeks
£25 full fee
Ideal Introduction to computing for beginners. Portfolio based course – no exams!
Modules include Getting started and using the keyboard and mouse, Simple Desk Top Publishing, Word Processing, Computer Art, Internet & Email.
Venue: Sheffield South CLC, Lees Hall Road, (Next to Newfield School), Sheffield S8 9JP.
Contact: Lynzie Houston or Ellen Oldham - Hepper on (0114) 258 7728 or Email: info@sscl.net

Word Processing (NOCN Accredited)

Thursdays 1pm – 3pm
Starts 7th January 2010 for 12 weeks
£29 or £5 if on means tested benefits
Use Microsoft Word to create letters, reports, memos and posters. Covering a wide range of editing, formatting and presentation techniques.
Venue: Development Trust , Heeley Online Suite, 62-68 Thirlwell Road, Sheffield S8 9TF.
Contact: Maxine on (0114) 250 0613 for more information.

Desktop Publishing (NOCN Accredited)

Fridays 10am – 12noon
Starts 8th January 2010 for 12 weeks
£29 or £5 if on means tested benefits
Using Microsoft Publisher to create a range of eye-catching publications, including posters, CD covers and newsletters.
Venue: Development Trust , Heeley Online Suite, 62 - 68 Thirlwell Road, Sheffield S8 9TF.
Contact: Maxine on (0114) 250 0613 for more information.

IT Drop - In

Mondays & Tuesdays 12noon – 3pm
Ongoing
Free
Drop-in and sign up for *Myguide* and get a free email account and learn how to use the internet, write CV's, hunt online for jobs, use eBay, shop online, use a computer, understand banking online, research family history and lots more.
Venue: Valley Online Centre, 181 Blackstock Road, Sheffield, S14 1FX.
Contact: Jo or Anne on (0114) 239 4888
Email: jo.gvcf@hotmail.co.uk

Accredited Computer Courses

Various accredited computer courses are held throughout the school year. From complete beginners up to Level 2. For more information please contact Gill at: **Greenhill / Bradway Youth Centre, Gresley Road, Lowedges, Sheffield S8 7HL.** Tel: (0114) 237 8553 Email: learning@lowedgesforum.co.uk www.lowedgesforum.co.uk

IT Drop - In

Wednesdays & Fridays
9.30am – 12.30pm

Ongoing
Free

Drop-in and sign up for *Myguide* and get a free email account and learn how to use the internet, write CV's, hunt online for jobs, use eBay, shop online, use a computer, understand banking online, research family history and lots more.

Venue: Valley Online Centre, 181 Blackstock Road, Sheffield, S14 1FX.
Contact: Jo or Anne on (0114) 239 4888
Email: jo.gvcf@hotmail.co.uk

Computer Drop - In

Tuesdays and Wednesdays
9am – 12noon & 1pm – 4pm

Visit our friendly Drop-in, meet our tutor - who using *MyGuide* will teach you how to use computers and the internet, send Emails, search for jobs, search your family tree and much more.

Venue: Heeley Online Suite, 62 - 68 Thirlwell Road, Sheffield S8 9TF.

Contact: Maxine on (0114) 250 0613 for more information

Computer Drop - In

Thursdays 9am – 12noon

Visit our friendly Drop-in, meet our tutor - who using *MyGuide* will teach you how to use computers and the internet, send e-mails, search for jobs, search your family tree and much more.

Venue: Heeley Online Suite, 62 - 68 Thirlwell Road, Sheffield S8 9TF.

Contact: Maxine on (0114) 250 0613 for more information

Family History Online

Tuesdays 10am – 12noon
Starts 20th April 2010 for 12 weeks

Course fees: £5 (concessions) or £29.00
This is a progression route from 'Who am I?', although new learners are welcome. It will build on your basic family history skills and knowledge.

Venue: Valley Online Centre, 181 Blackstock Road, Sheffield, S14 1FX.

Contact: Jo on (0114) 239 4888
Email: jo.gvcf@hotmail.co.uk

Desk Top Publishing (NOCN Accredited)

Tuesdays 12.30pm – 2.30pm

Starts April 20th 2010 for 12 weeks
Course fees: £5 (concessions) or £29.00
Progressing on from Word Processing, this course used MS Publisher to create CD covers, newsletters, posters and creative projects.

Venue: Valley Online Centre, 181 Blackstock Road, Sheffield, S14 1FX.

Contact: Jo on (0114) 239 4888
Email: jo.gvcf@hotmail.co.uk

iGoogle – Personal Webpage Entry Level

Tuesdays 9.30am – 11.30am
Starts 27th April 2010 for 10 weeks

Create your own web page easily using iGoogle where you can then add areas of interest; your own Blog; calendar; to do lists and much more to tailor it to your own needs.

Venue: Valley Online Centre, 181 Blackstock Road, Sheffield, S14 1FX.

Contact: Jo on (0114) 239 4888
Email: jo.gvcf@hotmail.co.uk

Word Processing – Level 1

Wednesdays 1pm – 3pm
Starts 28th April 2010 for 12 weeks

Course fees: £5 (concessions) or £29.00
Ideal for older learners who can do the basics and want to learn more about word processing.

Venue: Valley Online centre, 181 Blackstock Road, Sheffield, S14 1FX.

Contact: Jo on (0114) 239 4888
Email: jo.gvcf@hotmail.co.uk

Do It Yourself (DIY)

DIY Skills For Women

Tuesdays 9.15am – 11.15am
Starts 23rd February 2010 for 6 weeks

£5 if on benefits: £17 full fee
A 'hands-on' introduction to basic DIY skills like assembling flat pack furniture, fixing a shelf/curtain rail, tiling and basic joinery. Suitable for complete beginners.

Venue: Batemoor / Jordanthorpe Community Centre, Dyche Lane, Sheffield S8 8BT.

Contact: Joanne North, B & J Forum on (0114) 237 7777 or Liz Bowman, Learning Champion on Mob: 07817 006437.

Employment Skills

GV Job Club

Thursdays 10am – 12noon & Fridays 1pm – 3pm

Ongoing
Free

We will support you with CV building, Job Hunting Online, Online applications, Confidence building, Information Advice & Guidance and Employment support.

Venue: Valley Online Centre, 181 Blackstock Road, Sheffield, S14 1FX.

Contact: Jo or Anne on (0114) 239 4888
Email: jo.gvcf@hotmail.co.uk

Courses To Suit Everyone!

We have courses to suit everyone running in Gleadless Valley, from Basic Skills, to Computers and Vocational Courses.

English For Speakers Of Other Languages (ESOL)

ESOL - Entry Level 3

Mondays & Wednesdays, 9.45am – 11.45am
Starts 11th January 2010 for 10 weeks

Free if on benefits, £15 if waged
For learners who already have English at Entry Level 2 and wish to work towards an Entry Level 3 qualification.

Venue: 189 Blackstock Road, Sheffield S14 1FX.

Contact: Sue Manser, Lifelong Learning & Skills Service on (0114) 229 6158 or Jo Baines, Learning Champion on (0114) 239 4888.

Entry Level 1 Speaking & Listening

Tuesdays and Wednesdays
9.30am – 11.30am

Starts 12th January 2010 for 10 weeks
Free if on benefits, £15 if waged.

Friendly class for beginners to gain confidence with spoken English and work towards their Entry Level 1 qualification.

Venue: St Peters Church Hall, Woodstock Road, Sheffield S7 1HA.

Contact: Sue Manser, Lifelong Learning & Skills Service on (0114) 229 6158

Entry Level 1 Reading & Writing

Tuesdays 12.30pm – 2.30pm

Starts 12th January 2010 for 10 weeks
Free if on benefits, £15 if waged
Beginner's class working on basic reading & writing skills and working towards a qualification at Entry Level 1.

Venue: Heeley Institute, Gleadless Road, Sheffield S2 3AA.

Contact: Sue Manser, Lifelong Learning & Skills Service on (0114) 229 6158 or Maxine Bowler, Heeley Development Trust on (0114) 250 0613

Entry Level 2 Speaking & Listening

Tuesdays & Thursdays 9.30am – 11.30am
Starts 12th January 2010 for 10 weeks

Free if on benefits, £15 if waged
For learners who have already achieved Entry Level 1 and who wish to improve their skills in speaking & understanding English and work towards a qualification.

Venue: Heeley Parish Church, Gleadless Road, Sheffield S2 3AA.

Contact: Sue Manser, Lifelong Learning & Skills Service on (0114) 229 6158 or Maxine Bowler, Heeley Development Trust on (0114) 250 0613.

We are sure you will find something of interest!
For more information contact Jo Baines on (0114) 239 4888.



Entry Level 1 Speaking & Listening

Thursdays 9.30am – 11.30am
Starts 14th January 2010 for 10 weeks
Free if on benefits, £15 if waged
Friendly class for beginners to gain confidence with spoken English and work towards their Entry Level 1 qualification.

Venue: Heeley Chinese Church, Anns Road, Sheffield S2 3DJ.

Contact: Sue Manser, Lifelong Learning & Skills Service on (0114) 229 6158 or Maxine Bowler, Heeley Development Trust on (0114) 250 0613.

English: Reading / Writing

Improve Your English

Mondays 12.30pm – 2.30pm
Starts 11th January 2010 for 10 weeks
Free

Improve your spelling, punctuation & writing and learn how to write clearly in sentences & paragraphs. Leads to a national qualification in Adult Literacy at Level 1 or 2.

Venue: Heeley City Farm, Richards Road, Sheffield S2 3DT.

Contact: Dawn Jones, Lifelong Learning & Skills Service on Mob: 07791 414 704 or Liz Bowman, Learning Champion on (0114) 258 0482 or 07817 006 437.

Improve Your English

Thursdays 1pm – 3pm
Starts 14th January 2010 for 10 weeks
Free

Improve your spelling, punctuation & writing and learn how to write clearly in sentences & paragraphs. Leads to a national qualification in Adult Literacy at Level 1 or 2.

Venue: Bankwood Children's Centre, Bankwood Close, Sheffield S14 1LW.

Contact: Dawn Jones, Lifelong Learning & Skills Service on Mob: 07791 414 704.

National Test Preparation – English Level 1 Or Level 2

Day: TBC
Starts in June 2010
Free

Need to get your English qualification updated? This course will give you the knowledge to work towards your National Test, the adult qualification for English.

Venue: TBC

Contact: Jo on (0114) 239 4888 to express your interest.

Email: jo.gvcf@hotmail.co.uk



Gardening / Horticulture

Container Gardening

Wednesdays 12.45pm – 1.45pm
Starts 30th June 2010 for 4 weeks
Course fees: £3 (concessions) or £7.00
You can grow fresh vegetables, herbs and flowers anywhere. Come and find out just how easy it is to have your own carrots, peas, beans and herbs that you have nurtured and grown.

Venue: Holy Cross Church, Spotswood Mount, Sheffield, S14 1LG.

Contact: Jo on (0114) 239 4888
Email: jo.gvcf@hotmail.co.uk

Keep Fit / Health & Well Being

Introduction To Complementary Therapies

Tuesdays 9.15am – 11.15am
Starts 12th January 2010 for 5 weeks
Free

A practical introduction to aromatherapy, reflexology, indian head massage, hand & back massage, reiki, homeopathy and crystal healing. This course is for complete beginners, no previous experience is necessary.

Venue: Batemoor / Jordanthorpe Community Centre, Dyche Lane, Sheffield S8 8BT.

Contact: Joanne North, B & J Forum on (0114) 237 7777 or Liz Bowman, Learning Champion on Mobile: 07817 006437.

Feel Good About Yourself – Level 1

Wednesdays 12.45pm – 2.45pm
Starts 26th May 2010 for 3 weeks
Course fees: £3 (concessions) or £9.00
Learn to value yourself, with a series of sessions to learn how to de-stress and pamper yourself.

Venue: Holy Cross Church, Spotswood Mount, Sheffield, S14 1LG.

Contact: Jo on (0114) 239 4888
Email: jo.gvcf@hotmail.co.uk

Men's Health

Tuesdays 12.30pm – 2.30pm
Starts 26th January 2010 for 12 weeks
Free

Taster Session: Tuesday 12th January 2010 12.30pm – 2.30pm at TTI Cafe, Lowedges. Course is for any men living in Lowedges, Batemoor & Jordanthorpe. Topics include Health & Well-being, Masculinity, Relationships, Behaviour, Self-esteem and much more. Refreshments included.

Venue: The Terminus Cafe, Lowedges, Sheffield S8 7JB.

Contact: Laura Norris on 0114 237 8540 or Email: laura-norris@btconnect.com

Languages

Languages

Term 2 of Beginners, Intermediate, Intermediate Plus & Advanced language courses (French, Spanish, Italian, German, Greek, Russian)

Thursdays 7pm – 8.45pm
Starts 21st January 2010 for 12 weeks
£60

Come and join over 200 people learning 6 languages at our fun conversational language classes! Holiday taster courses are also available in June – July 2010.

Venue: Meadowhead Language College, Meadowhead School, Dyche Lane, Sheffield, S8 8BR.

Contact: Alison Huff on (0114) 237 2723
Email: LanguageCollege@meadowhead.sheffield.sch.uk

Maths / Numeracy

Move On With Maths

Tuesdays 1pm – 3pm
Starts 12th January 2010 for 10 weeks
Free

Friendly, informal class where you can work at your own pace to brush up your Maths skills and work towards the National Qualification in Adult Numeracy at Entry Level, Level 1 or 2.

Venue: Bankwood Children's Centre, Bankwood Close, Sheffield S14 1LW.

Contact: Sue Manser, Lifelong Learning & Skills Service on (0114) 229 6158.

Move On With Maths

Fridays 9.30am – 11.30am
Starts 15th January 2010 for 10 weeks
Free

Friendly, informal class where you can work at your own pace to brush up your Maths skills and work towards the National Qualification in Adult Numeracy at Entry Level, Level 1 or 2.

Venue: Heeley City Farm, Richards Road, Sheffield S2 3DT.

Contact: Liz Bowman, Learning Champion on (0114) 258 0482 or 07817 006 437.

Media Production

Introduction To Film Making Using Video

Day: TBC
Starts w/c 19th April for 12 weeks
Course fees: £5 (concessions) or £29.00
An introduction to using your video camera and camera phone to make short films with basic editing.

Venue: TBC

Contact: Jo on (0114) 239 4888
Email: jo.gvcf@hotmail.co.uk

Your Local Learning Champions

South Community Assembly area has a number of dedicated Learning Champions. They are here to help you find out what courses are running locally and city-wide and which course is right for you!

Although they all have a slightly different remit, their main job is to help you get into the learning you want to do, whether it is to improve your employability skills, improve your Maths or English or just for pleasure...Look at the stories below to help inspire you to start something new!

Gill Dyal (Pictured below left) is the Learning Champion and Administration Officer at Lowedges Forum.

Her role is to offer information, advice and guidance to help learners find suitable courses available in the local area. She is often the first point of contact for learners and offers one-to-one support and a follow up service to learners. She also plans the courses that Lowedges Forum offers to meet the demands of the local community.

Although Gill is now moving her career forward, it wasn't an easy progression. She left school at 16 without any qualifications and worked with horses as a groom and riding instructor.

In 2000 she developed Fibromyalgia (a chronic debilitating condition which causes severe fatigue and pain). This condition meant that she was no longer able to work at all, resulting in her being housebound and isolated as is so common with chronic illnesses. Moving from being in full time employment to then having to rely on sickness benefit resulted in a real financial struggle.

In 2002 as her condition began to improve, a friend told her about a short course in 'Computers For Beginners' which was advertised in Lowedges Forums' newsletter. She enrolled on the course as she found it interesting and to also help her socialise with other people after being isolated for so long. The course was funded by Lifelong Learning and Skills Service (LLSS). She then completed three further computer courses.

The tutor then asked if she could help as a volunteer learner support worker, which involved working with a group of young adults with special learning needs and she found this very enjoyable and rewarding. In March 2004, she successfully applied for a part-time administration post at Lowedges Forum and in September 2004 she started on an introductory teacher training course with the support of Lowedges Forum who also secured the funding to pay for her course fees.

Since then she has completed a two year teaching course at Sheffield Hallam University and is now qualified to teach in the post compulsory sector. Gill continues to work for Lowedges Forum and also teaches ICT for LLSS on a sessional basis.

Gill said:

"It's great that so many people use the centre from tiny tots to grandparents, there's something for everyone.

"I really enjoy contacting learners to offer them a place on a course and

meeting them face to face for the first time. I still remember how I felt when I was in their shoes, going to a strange place and feeling out of my depth. What on earth did I think I was doing trying to learn how to use a computer? It was the best thing I ever did and it changed the direction of my life forever.

"The most important thing to remember is you're never too old to learn and that you don't know what you can do until you try it!"

Liz Bowman (Pictured below right) is the new Community Learning Champion for Batemoor, Jordanthorpe, Heeley and Abbeydale and is based at Heeley City Farm but spends a lot of her time working out in the community, visiting groups and getting to know local people.

Liz is here to help find out and organise courses that local people want to do in their areas. She offers advice on what courses and training might be helpful if you are looking for work or hoping to improve your qualifications or if you just want to keep your mind active and try something new.

She also keeps local people updated on wider learning opportunities in their area, for example, on free Internet access and IT courses at local UK Online Centres.

Liz can also provide one-to-one support to help you to overcome any difficulties or barriers.

Contact Your Local Learning Champion

If you would like to speak to a Learning Champion in your area or are interested in more information about the services offered locally, contact:

LOWEDGES

Gill Dyal, Lowedges Forum

Tel: (0114) 237 8553

Email: learning@lowedgesforum.co.uk

Website: www.lowedgesforum.co.uk

Or drop in at Lowedges Community Learning Suite, Green Hill / Bradway Youth Centre, Gresley Road, Low Edges, Sheffield, S8 7HL.

ABBEYDALE, BATEMOOR, HEELEY AND JORDANTHORPE

Liz Bowman

Tel: (0114) 258 0482, Mobile: 07817 006 437

Email: liz.learningchampion.hcf@hotmail.co.uk

Or please leave a message if Liz is out of the office.

GLEADLESS VALLEY

Jo Baines, Gleadless Valley Community Forum

Tel: (0114) 239 4888

Email: jo.gvcf@hotmail.co.uk

Website: www.gvcf.gov.uk

Or drop in at Valley Online Centre, 181 Blackstock Road, Sheffield, S14 1FX.

